

Acesulfame potassium	60mg/liter
Citric Acid	1000mg/liter
Natural aroma	150mg/liter
Natural Berry Flavor	300mg/liter

The energy fitness water has the pH 3.5 and score significantly lower than bottled water and product example #3. When fruit flavor was added and compared against non carbonated spring water with sugar and flavor, the product example #4 scored significantly higher.

WHAT IS CLAIMED IS:

1. The use of fitness ingredients such as Garcinia cambogia (Super CitriMax HCA), chromium polynicotinate (ChromeMate) or chromium picolate in fitness bottled water that suppresses the appetite, reduces the production of fat metabolism and sensitizes the "glucostat" in the brain that monitors blood sugar availability. Provides overall physical fitness and replenishes body fluids and salts (Calcium & Potassium) lost due to vigorous physical exertion and stress.

2. The use of energy ingredients, such as L-carnitine, D-ribose, Co-enzyme Q10, Taurine, and adenosine triphosphate in bottled water as an individual energy ingredient or combination of two or more ingredients, when ingested that increases in physical energy level, substantial increases in cardiovascular fitness and exercise tolerance, substantial reduction in recovery time following strenuous exercise or heavy labor, and also increases exercise performance and endurance.

3. The use of L-Aspartic acid in bottled water that lowers the pH below 4.6 without altering the taste of bottled water for hot-fill processing.

4. The fitness water of claim 1 contains the following ingredients:

Garcinia cambogia (Super CitriMax (HCA)	700mg/liter
Chromium Polynicotinate (ChromeMate)	100mcg/liter
Calcium	70mg/liter
Potassium	100mg/liter
Magnesium	12mg/liter